

HEALTH EQUITY DAY 2025

2.0 CME

Theme for 2025: Rural Psychiatry

Session 1: "Suicide & Deaths of Despair in Central Appalachia"



Richard L. Merkel, Jr., MD

Professor of Psychiatry
Psychiatric Medicine West Complex
University of Virginia

Learning Objectives:

1. Describe the historical and economic factors that have contributed to the Deaths of Despair in Central Appalachia.
2. Identify the cultural factors impacting the Deaths of Despair in Central Appalachia.
3. Cite efforts to decrease Deaths of Despair in Central Appalachia.

Session 2: Interview with Dr. Merkel



Toni Shalyn Carter, MD

PGY-3 Resident
Department of Psychiatry
University of Florida

Learning Objectives:

1. Recognize key cultural factors and barriers to mental health care among Appalachian populations, including stigma, self-reliance, and systemic challenges.
2. Discuss practical strategies to integrate cultural psychiatry principles into clinical practice, focusing on trust-building, addressing stigma, and accommodating limited access to care in underserved rural areas.
3. Analyze the insights and strategies shared by Dr. Richard Merkel regarding mental health care in Appalachian communities, and adapt these lessons to improve cultural competency, address systemic barriers, and promote equitable mental health care for underserved populations in Florida.

UF Department of Psychiatry
College of Medicine
UNIVERSITY of FLORIDA



Friday, February 14, 2025



11:30 AM - 3:00 PM

Lunch will be provided for in-person attendees.



Live Presentation

UF Psychiatric Hospital (Vista)
4101 NW 89th Blvd., Room 1901
Gainesville, FL 32606



Virtual Presentation

McKnight Brain Institute, L4-101
and
AOPC, Room 3242

Schedule of Events

Richard L. Merkel, Jr., MD

12-1 pm	Presentation
1-1:30 pm	Discussion*

Toni Shalyn Carter, MD

1:30-2:30 pm	Presentation
2:30-3 pm	Discussion*

***For anyone who cannot attend the discussion, you may send in your questions during registration or using the chat function in Zoom.**

Drs. Merkel and Carter have disclosed that they have no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose.

Disclosure:

The speakers and planning committee members have disclosed that they have no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose. Conflict of interest information for the CME Advisory Committee members can be found on the following website: <https://cme.ufl.edu/disclosure/>. All relevant financial relationships have been mitigated.

Accreditation:

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit:

The University of Florida College of Medicine designates this live activity for a maximum of 2.0 AMA PRA Category 1.0 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

In order to receive credit, anyone watching the live streaming presentation must submit their evaluation by the end of the business day of the lecture to nancy.boyd@ufl.edu.

This program has been approved for 2.0 clinical hours of continuing education for clinical social workers, mental health counselors and marriage and family therapists by Shands at the University of Florida, Patient and Family Resources, BAP-7.

CEU credits for-LCSW, LMHC, LMFT licensed ONLY IN FLORIDA. Certification of completion is provided to all participants regardless of state.

Target Audience: Primary Care Physicians and Specialty Physicians

ACTIVITY ID #